

AN INTERVIEW WITH HALELE'A SPA DIRECTOR JENNIFER LINDER

Halele'a Spa Director Jennifer Linder's passion for creating memorable spa experiences is evident from the countless testimonials, referrals and positive reviews that she receives. Jennifer's vast expertise in the industry includes a hotel management background in Switzerland where a love for health, wellness and leading-edge skincare products was a way of life.

Jennifer brings her in-depth knowledge and experience to The St. Regis Princeville Resort, where her team of well-trained professionals incorporate world-class treatments with Hawai'i customs, traditions, and the signature St. Regis personalized service. Her goal? Nurture an environment of supreme relaxation and absolute elegance.

What makes Halele'a Spa a distinguished locale?

Anyone who has been to The St. Regis Princeville Resort will know that the location is absolutely spectacular. The land where the resort now resides was known as *Halele'a*, "the House of Joy." It was known for its ethereal beauty and rejuvenating qualities. We bring this sense of beauty and rejuvenation into the spa and capture a bit of the island magic in each treatment we give.

What kind of treatments does the spa offer?

We offer a wonderful array of massages and facials with sea-inspired and botanical-based ingredients. We also have a full service salon where luxurious nail, hair and makeup services are offered. Many of our treatments highlight locally inspired products such as the beautiful aroma of the *maile* vine and the detoxifying and purifying properties of the Hawaiian *taro* plant.

Describe an overview of your facilities.

We have 12 treatment rooms, which include two couples suites and a Vichy room for our body treatments. Our facilities include a eucalyptus infused steam room, dry sauna, cascading rainforest showers, custom-crafted spa amenities from Mālie Organics featuring the Kōke'e scent, and a beautiful co-ed spa sanctuary featuring our wall-to-wall waterfalls.

Which treatments are your top specialties?

Our Hawaiian Lomi Lomi Massage is a wonderful healing massage where the therapists use continuous flowing strokes to nurture and relax the body. The Rainforest Shower and Taro Butter Polish is also a special treatment that leaves your skin smooth, relaxed and rejuvenated. Our most therapeutic facial, the Nani Oxygen Infusion Facial, is a wonderful treatment to receive prior to all special occasions—leaving the skin deeply hydrated, youthful and glowing.

Can both men and women enjoy a day at the spa?

We are delighted to offer services for both men and women. We have

specific services designed for our male guests including the Kane Hot Towel Facial and our Kane Manicure and Pedicure services. Of course, any of our massage and body services are enjoyed by both men and women alike.

What is your most luxurious offering?

Our most luxurious offering is our Maile Renewal Ritual, which includes a Hawaiian body polish, detox salt bath soak, Essence of Aloha massage, and our Guava Pedicure. This ritual is almost three hours of blissful relaxation.

What is an outstanding unique feature of the facility?

The many water inspired features found throughout the spa from the cascading waterfall showers to the tropical steam room. These features, along with our many locally inspired treatments, reflect the outside beauty of Kaua'i.

Do you have a personal favorite treatment or recommendation?

My personal favorite is the Ali'i Ageless Oxygen Facial. It is our 90-minute oxygen facial, which includes microcurrent. It really helps to plump up the skin and reduce fine lines and wrinkles instantaneously. My other favorite is definitely the Lomi Lomi Massage—for me, it embodies the feeling of Hawai'i and is extremely relaxing and a true joy to receive.

What is the most rewarding element about being the Director of Halele'a Spa?

Working with such a talented team of spa professionals and bringing the spirit of *aloha* to each and every person we touch. I wish for all of our guests to leave the stresses of the outside world behind and allow us to give them the gift of time and relaxation.

How does The St. Regis culture and legacy translate to the spa?

The St. Regis is all about creating memorable moments through exceptional service by combining time-honored traditions with local flavors from each destination. We have created carefully crafted custom treatments that combine Hawaiian healing traditions with western techniques resulting in a bespoke experience for each of our guests.

Are there any future plans for Halele'a Spa?

Stay tuned for some exciting changes to our menu in 2015! We will be creating a spa journey to entice the senses. We will also be looking to expand our oceanside and wellness offerings.

-By Amber Nightingale